

Five Town Adult Education COVID plan 9.15.2021

SAFETY MEASURES THAT ARE IN PLACE AT SCHOOL

These measures are taken from the Five Town CSD/MSAD 28 2021-22 School Year Plan, adapted for Adult Education.

Daily Health Screening

Although we are not using the app MyMedBot this year, we need students, instructors, and staff to do a daily Pre-Screening prior to accessing district schools and property. Please see Appendix A for a copy of the screening document. **Basically, if you feel unwell at all, please stay home!**

Masks

With the highly contagious Delta variant spreading and children under 12 still ineligible for vaccination, the CDC has recommended that all students and staff members wear masks in schools.

1. **Masks will be required indoors for ALL staff and students, regardless of vaccination status.** The only exceptions include the following:
 - a. **While eating or drinking.** During meals, students will be masked until they begin eating and will **mask back up as soon as they finish eating.**
 - b. Teachers will schedule regular “face mask breaks”. When they do so, students and staff should try to remain 6 feet apart from one another if indoors (ideally it will be outside).
 - c. **When adults are in their own office or classroom, by themselves, or with a small group of fully vaccinated adults.**
2. Masks will not be required outdoors but are certainly optional.
3. Face coverings should cover your nose and mouth and fit snugly against the sides of your face.
4. Cloth face coverings should have multiple layers of cloth. For additional information about face coverings, review U.S. CDC guidance on how to make cloth face coverings, wear and remove masks/face coverings, and wash cloth face coverings.
5. Face coverings should not have ventilators or other holes and must otherwise comply with school appropriate dress codes.
6. Safe processes for swapping out masks that become damp or soiled during the day will be used.
7. Cloth masks should be washed daily.

8. Additional safety precautions may be used for school nurses when a nurse is tending to a sick person. These precautions may include eye protection, an N95 mask or a surgical mask, and/or gown.

Physical Distancing

Students and adults are encouraged to maintain 3-foot distancing as feasible while indoors.

Hand-Hygiene

All students and staff will be required to exercise hand hygiene (hand washing or hand sanitizer) upon arrival to school, before and after eating, and after using the restroom.

Cleaning and Disinfection

Custodians will conduct cleaning of high touch surfaces throughout the school day, and thoroughly clean the building at the end of each day.

Ventilation and Outdoor Spaces

1. Five Town CSD and MSAD #28 contracted out to have a ventilation inspection of every room in our buildings and we are working over the summer to address any issues in order to optimize the strong systems we have in place. Staff are encouraged to keep windows and doors open while weather permits.

Vaccinations

1. Under the DHHS Declaration of Public Health Emergency, Maine schools are required to collect the vaccination status of all employees and report de-identified rate information to Maine public health officials monthly. We will comply with this mandate.
2. Five Town CSD and MSAD 28 will also continue to partner with Pen Bay Medical Center as possible in order to offer and educate staff, students, and families on vaccination opportunities.
3. When the opportunity arises, we will again host vaccine clinics for eligible students and staff.

Students

Students who are not feeling well should stay home from school when they are showing any symptoms of illness.

1. Academic Students (well):

- a. May enter the building during the school day only with a prior appointment.
- b. Use required PPE

- c. Complete the COVID-19 Symptoms & Wellness Self-Check Protocol (See Appendix A) prior to entering the building

2. Academic Students (sick):

- a. If the symptoms are COVID related (see Appendix A), the student will contact their health care provider and the following will occur:
 - i. Student will report symptom(s) to the Adult Education Director and indicate the last time the student was on campus.
 - ii. In order to return to school, one of the two following criteria must be met:
 - 1. Present a clearance note from the student's medical provider to the school nurse and be 24 hrs. symptom-free without the use of medication.
 - 2. If a student chooses not to contact their provider, the student must meet the CDC criteria of being 10 days since the start of symptoms, 24 hours fever-free (< 100.4 F) without the use of fever reducing medications) and have improved symptoms before returning to school.
- b. All medical documentation will be kept in the student's file in the Adult Education Office.
- c. Refer to Health Protocol in Appendix C.

3. Enrichment students:

- a. May enter the building only during non-day-school hours (after 3:30 p.m.)
- b. If you need to drop something off, please call our office prior to arrival to arrange for pick-up outside the building.

Teacher/Instructor Out Sick

Staff who are not feeling well should stay home from school when they are showing any symptoms of illness. If the symptoms are COVID related (see Appendix A), staff will contact their health care provider and the following will occur:

1. Notify the school through an e-mail to the Director, david.watts@fivetowns.net, and state the Symptoms,
2. Indicate what date you last accessed the school building,
3. Contact your health care provider.
4. If a test is ordered, the employee/instructor will not return to work until the test result is received.
5. The staff member will share the test result with the Director (who will send to the school nurse to verify and document it).
6. Refer to Health Protocol in Appendix C.

Important Links

- CDC Guidance: <https://www.cdc.gov/coronavirus/2019-ncov/community/schools-childcare/k-12-guidance.html>
- Maine DOE COVID Toolkit: <https://www.maine.gov/doe/covid-19/toolkit>

APPENDIX A: Daily Health Check

COVID-19

Pre-Screening Tool for School Attendance

Within the past 24 hours
have you had a fever
(100.4 and above*) or
used any fever reducing
medicine?

YES =



Do you feel sick with any
of the most common
symptoms of Covid, had
vomiting/diarrhea, or felt
unwell?
(see symptom list to the right)

YES =



Have you been a close
contact of a person with
Covid in the past 14 days?

YES =



Have you traveled
outside of the state in
the past 14 days?

YES =



Contact
Your School

**Stay home with any YES response to the questions above OR
with two or more of the "less common" symptoms listed to the
right.**

Attend school when all answers are NO and your child is
feeling well with no other symptoms of illness. Call or see your
school nurse or other designated person at school if you have
questions.

Updated 10.9.20



Most Common Symptoms of Covid 19:

Cough
Shortness of
breath
or difficulty
breathing
Fever (100.4°F/
38 °C or greater)*
Chills
Sore throat
New loss of taste
or smell

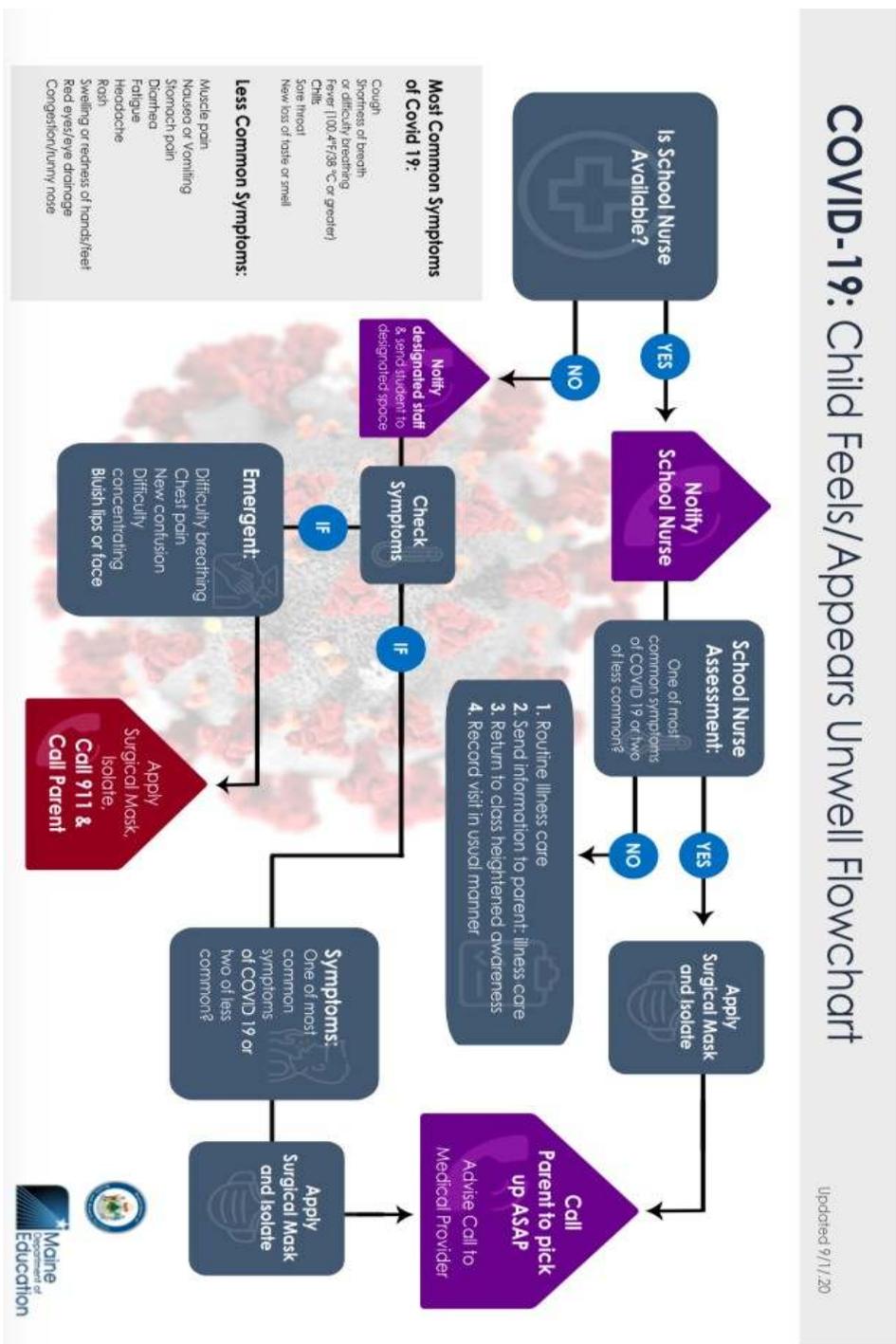
Less Common Symptoms:

Muscle pain
Nausea or
Vomiting
Diarrhea
Fatigue
Headache
Congestion/runny
nose

*Fever is 100.4°F/
38°C regardless of
measurement
location (oral,
temporal).



APPENDIX B: Feeling unwell Flowchart



APPENDIX C: Health Protocols

These protocols will be updated based on ongoing guidance from Maine CDC and guidance from infectious disease medical professionals.

I. Staff/Student out sick

After a person has been out of school for a suspected COVID-related absence - a time-based return to school strategy is determined based on a person's health status. Decisions about "return to school" for persons with confirmed or suspected COVID-19 should be made in the context of local circumstances (community transmission, resource needs, etc.)

1. Non-COVID

- a. Staff record in AESOP. Contracted instructors should contact the Adult Education office to let us know of the need for any class cancellations.

2. Possible COVID

- a. Symptoms could be COVID related (see health check in Appendix A).
- b. Contact your primary care physician and follow their instructions.
- c. If a student or instructor is tested AND has been in a school facility within the previous 24 hours, they will need to stay away from school property until the test results are known. Contact the Adult Education office daily.
 - i. **If the COVID test is negative:**
 - a) Student/Staff member must remain home until symptoms are improving and are fever-free for 24 hours without using any fever-reducing medication.
 - ii. **If the COVID test is positive:**
 - a) Contact the Adult Education Director as soon as possible.
 - b) The school nurse and Director will follow the SOP for the Investigation of COVID-19 in PreK-12 Schools in Maine.
 - c) Return to school after at least 10 days have passed since the positive lab test AND fever-free for 24 hours without using any fever-reducing medication AND symptoms improving. A doctor's note is required to return to school.

II. Staff or Student presenting symptoms at school

1. The nurse/or backup staff will follow the MDOE COVID -19 Child Feels/Appear Unwell Flowchart in Appendix B.
2. If symptoms presenting are COVID-like symptoms, staff will isolate the individual from all other members of the school community and notify student's/staff member's contact to have the individual sent home. They will be advised to contact their primary care physician. Staff will don appropriate PPE.
3. Staff who are presenting COVID like symptoms will be sent home to contact their PCP.

III. Isolation and Quarantine (Staff – see Protocol Staff COVID Situations in Staff Info for additional information)

1. Students, teachers, and staff who test positive for COVID-19 will isolate until they meet the U.S. CDC criteria for release for isolation.
2. Close contacts must be notified for every COVID-19 case in students or staff. The close contact definition is exposure within 6 ft for more than 15 minutes within a 24-hour period or any direct physical contact.
3. Close contacts must quarantine for 10 days from COVID-19 exposure from school and school activities except if at least one of the following conditions applies to the close contact:
 - **EXCEPTION #1:** The close contact (staff or student) is vaccinated and if the exposure occurred more than 14 days after the individual’s completion of the vaccine series. If the exposure occurred after vaccination but prior to the 14 days, the close contact must quarantine for the full time period: **or**
 - **EXCEPTION #2:** The close contact (staff or student) has a previous positive COVID-19 test result (molecular or antigen) collected within 90 days of the exposure: **or**
 - **EXCEPTION #3:** N/A for Adult Education classes: **or**
 - **EXCEPTION #4:** The school has a mandatory masking policy. If so, then an exposed classroom student does not need to quarantine from regular school-day activities when the student close contact was at least 3 feet from an infected student (laboratory-confirmed or a clinically compatible illness) provided that:
 - i. The school enforces consistent and correct use of well-fitting masks; **and**
 - ii. No direct physical contact occurred.
 - Exception #3 is limited to classroom exposures only. Exposures that occur in buses, cafeterias, and school sponsored activities are not eligible for exception #3. The exception does not apply to teachers staff or other adults in the classroom.
 - Any student who qualifies as an exception, **but is symptomatic**, will need to quarantine.

Summary of Quarantine Exceptions:

Quarantine Status (See 1-3 above)	Community Quarantine?	School Quarantine?	Quarantine from after school sports and activities?
Exception #1: Vaccination	No	No	No
Exception #2: 90 days	No	No	No
Exception #3: Pooled testing	N/A	N/A	N/A
Exception #4: School with Universal Masking where exposure occurred in the classroom	Students: Yes Staff: Yes	Students: No Staff: Yes	Students: Yes Staff: Yes